



**Pacific Northwest
University** of Health Sciences



PACIFIC NORTHWEST UNIVERSITY OF HEALTH SCIENCES

Fall 2021 Campus & Semester Reentry Plan

*Effective August 1, 2021
Approved June 28, 2021*

TABLE OF CONTENTS

	Page
<u>A Word from Our President</u>	1
<u>Considerations for Fall 2021</u>	2
<u>PNWU Level Based Approach to Reopening</u>	3
<u>What Level 3 Designation Means for Campus</u>	5
<u>Students</u>	
Vaccinations	
Training	
Safety	
Curriculum	
Studying on Campus	
<u>Employees</u>	
Vaccinations	
Training	
Safety	
Eating/Drinking Break Areas	
<u>All Campus</u>	
Social Gatherings	
Eating/Drinking on Campus	
Indoor/Outdoor Recreational & Social Activities	
<u>Travel</u>	
<u>Exposure Controls/Quarantine Protocols</u>	10
<u>Administrative Controls</u>	13
<u>Resources</u>	14

A Word from Our President:

I am very pleased to share the PNWU campus reentry plan for the Fall 2021 semester. The plan is based on health and safety, science and data, high quality curriculum and teaching, and guidance from the Centers for Disease Control and Prevention, Washington State Governor's Office, Washington State Department of Health, and Yakima County Health District. Additionally, the plan is a reflection of the tremendous dedication of PNWU scientists, clinicians, students, administrators, and staff who have been COVID-19 experts over the past year as we safely mitigated the pandemic.

The purpose of this plan is to further define the strategies, processes and protocols that will be used to safely reopen the PNWU campus this fall, and to further implement practices to sustain our health and well-being. We will continue using our level-based, phased approach that is fully described here in the plan.

Throughout the pandemic, everyone at PNWU has demonstrated remarkable agility, compassion, and resilience. I am very proud of you, and ask that you continue to work together to implement this reentry plan in service to our mission and to each other.

With gratitude,

Michael J. Lawler, PhD
President



Considerations for Fall 2021

PNWU will require COVID-19 vaccination for all students by August 1, 2021; vaccination for faculty and staff who plan to be on campus will also be required. Washington State continues to require physical distancing in the classroom and workplace, with exceptions only in exceptional cases and with additional PPE and/or other safety measures. This is the case **regardless of vaccination status**. PNWU will continue to monitor federal and state guidelines including recommendations for institutions of higher education while continuing to navigate this global pandemic. While we have updated our plan to be more in-line with Yakima County metrics, continued improvements in community transmission must occur before significant on-campus activity can occur.

Key considerations included:

- [Healthy Washington – Roadmap to Recovery](#), specifically current phase and [Yakima County COVID-19 metric tracking](#);
- Local, state, and national trends in the spread of COVID-19 variants, including B.1.1.7 – the dominant strain as of the publishing of this updated plan;
- Campus and local COVID-19 vaccination percentages;
- PNWU's infrastructure and ability to work, teach and learn remotely. Both logistics and impacts on student/employee professional identify and mental/physical health were also considered;
- Investigation of any hazardous conditions which could occur that may put stakeholders at risk, including risk for burnout and other mental health conditions; and,
- Environmental controls.

Based on this assessment, PNWU will transition to a Level 3 Campus as of August 1, 2021. This will allow expanded campus access for students and employees, but several infection mitigation precautions will remain in place until further notice. Students are expected to attend mandatory classes at the location specified on academic curriculum schedules. PNWU's status will be reviewed on a regular basis and adjusted as often as needed in compliance (to the extent possible) with local, state, and national guidelines.

Although PNWU has requirements in place to mitigate exposure to COVID-19, employees and students should be aware that any return to campus could expose them to COVID-19.

PNWU Level Based Approach to Reopening

	Level 1	Level 2	Level 3	Level 4
Staff and Faculty	Campus closed to all but essential personnel	Campus access limited to personnel performing justified duties	Expanded campus access for personnel performing justified duties	Normal operations, no COVID-related restrictions
Students	Campus closed to students	Campus closed to students except when attending lab	Campus opened to student with strict social distancing	Campus open to students
COM Instruction	All instruction remote	All lectures remote; select on-campus labs with precautions	Mix of lectures remote and live with strict social distancing; more on-campus labs, assessments, and other interactive sessions with precautions	Normal course delivery

COVID-19 Transmission Mitigation Protocols

- Full COVID-19 vaccination series required for all students, faculty and staff
- Health monitoring of employees/students to ensure individuals do not report to campus sick
- On-site screening
- Masks/face coverings are worn as/when instructed
- Required training for employees/students
- Utilization of video or phone conferencing in place of face-to-face meetings
- Any necessary/required workplace modifications are being utilized, i.e. staggered work schedules/days of the week
- Adherence to cleaning/disinfection of personal work/learning spaces
- Compliance with entry and exit points

Level 1 Guidelines:

Campus is closed to all but essential personnel. All curricular instruction takes place remotely. Full COVID-19 vaccination series required for all students, staff and faculty.

Level 2 Guidelines:

When PNWU reaches Level 2 designation, campus will continue to be limited. Employees will continue to work remotely and students will continue to receive curriculum in alternative formats. Select student labs can be held on campus while adhering to social and physical distancing and using strong PPE measures.

For departments requesting to return to campus for activities that cannot be performed remotely, a department risk assessment must be performed and authorization must be granted prior to returning to campus. The risk assessment must include justification for why department activities cannot be performed remotely, adjusted staffing work schedules (i.e., alternating workdays, limiting number of people in a department), and other considerations unique to the unit. All COVID-19 Transmission Mitigation Protocols must be followed.

Level 3 Guidelines:

During the Level 3 Phase, expanded campus access is authorized to increase operational capacity to support student activities/learning on campus with the following priority order: experiential labs > summative assessments > interactive sessions and histology labs with quizzes > lecture. Faculty will have unfettered access to assigned office spaces for curricular preparation and delivery but must continue to follow all required infection risk mitigation protocols. Departments with job functions necessary to the support expanded curricular delivery will be authorized to return to campus following approved department risk assessment and consideration of adjusted staff work schedules and other considerations unique to the unit. All COVID-19 Transmission Mitigation Protocols must be followed.

Level 4 Guidelines:

Once Level 4 is attained, PNWU will have reached normal operation status, including a return of all employees and students to campus. COVID-19 mitigation strategies will still be in place until local, state, and federal guidelines have deemed them unnecessary.

What Level 3 Designation Means for Campus

PNWU will move to its Level 3 designation on August 1, 2021. It should be noted, however, if on and off-campus COVID-19 rates increase, students, faculty and staff who have been authorized to return to campus should be prepared to return to prior levels as required and directed.

STUDENTS

VACCINATION:

Students are required to complete full COVID-19 vaccination series prior to matriculation and maintain thereafter. Students may apply for an exemption on personal, medical or religious grounds through the accommodations process. Students will be required to upload evidence of vaccination series to the E*Value Self-Service module.

TRAINING:

Prior to reporting to Campus:

1. PNWU employees, students, partners and vendors are required to read and acknowledge the COVID-19 Reentry Plan and Update. An electronic signature will be required prior to returning to campus.
2. PNWU employees and students are required to complete the online [COVID-19 Campus Reentry Training](#). Completion of training must be verified prior to campus entry.
3. Ongoing COVID-19 training will be provided to students on a regular basis.

SAFETY:

Students are required to abide by the following safety standards when returning to campus:

- Read and acknowledge the Fall 2021 Campus and Semester Plan (this plan)
- Complete PNWU [COVID-19 Campus Reentry Training](#)
- Participate in daily COVID-19 Symptom Self-Monitoring **before** coming to campus
- Participate in daily COVID-19 Campus Screening at the BHH reception desk before reporting to class
- Wear required PPE as designated in course syllabi

CURRICULUM:

Transition to a Level 3 campus requires that 85% of PNWU's on-campus population (students, faculty, academic support staff) be vaccinated or have an approved personal, medical or religious exemption on file.

Laboratory Activities: The DO Classes of 2024 and 2025 will each be divided into 2 groups (A, B: ~72 students per group). When possible, students that live together will be assigned to the same group and subgroups, but subgroups do not need to be consistent across courses. Students will rotate through campus in their assigned group as necessary to complete laboratory activities and laboratory examinations. Required social distancing will be maintained between persons whenever possible for all on-campus activities. This includes any time

spent in common areas (e.g., hallways in front of the gross anatomy and OPP labs.) For any lab activity requiring close proximity or requiring physical interaction, all participants will wear adequate PPE including a surgical mask.

Didactics: The remaining preclinical curriculum for DO students be delivered using a combination of in-person and online instruction. Students are expected to attend mandatory curricular activities at the location specified by academic curricular calendars. This includes all lecture, SciFIs, CILs, FDS, histology labs, and assessment. On-campus didactic activities will take place in BHH301/302 with maximal ventilation and the dividing wall open; thus, only one class (OMS1 or OMS2) will be able to utilize the lecture hall during a given time period. For OMS1 and OMS2, Group A students will be seated in BHH301, Group B in BHH302. At least one hour of calendar time will be allowed to transition the lecture hall from OMS1 to OMS2 activities or vice versa. When in the classroom, students and faculty will maintain a minimum physical distance of 1 empty chair between participants (7 participants per row, 11 occupied rows) and wear a personal mask at all times. Snacks and beverages will be allowed in the classroom; participants may remove their mask for a short as a time as possible to consume them.

The following priority order will be applied to use of BHH301/302 for didactic activities:
Summative written exams > CILs, SciFIs, Histo Labs and other interactive sessions with quizzes > Lecture

Satellite rooms or livestreaming for a randomly selected group of students will be used, if necessary, to maintain recommended social distancing in classroom spaces.

Online didactics will be delivered via webcast (Zoom or another platform), as prerecorded lecture (via PanOpto™), or as FDS.

MAMS students will attend all in-person didactics with DO students in BHH301/302 for BIOMED501 – the Scientific Foundations of Medicine course. The remainder of their coursework will take place in other classrooms or remotely as assigned.

Course specific details for DO and MAMS students can be found in the course syllabi.

Student Study on Campus:

Under Level 3, all student study spaces on campus will be opened for use on a first-come, first-serve basis.

Designated study areas and seating shall be indicated by signage at each individual location. Students are expected to adhere to these markings, maintain required social distance, and wear a personal mask in any shared space regardless of vaccination status. Spaces will be randomly monitored to ensure compliance.

Failure to comply with study space regulations will result in a return to an application and assignment process.

EMPLOYEES

THE WORKPLACE:

Level 3 expands employee campus access to support student activities and learning on campus. Employees who can work remotely should continue to do so. Departments which have a justified reason for needing to

return to on-site work are still required to complete a Department Risk Assessment. A Department Risk Assessment must be completed and approved **prior to returning to campus**. The risk assessment must include justification for why department activities cannot be performed remotely, staffing work schedules, and any other considerations unique to that department. If access is granted, all COVID-19 Transmission Mitigation Protocols will continue to apply and must be followed including social distancing requirements, appropriate level PPE and cleaning guidelines. Single, brief visits are approved e.g., stopping by campus to collect documents or mail.

VACCINATION:

Faculty and staff are required to complete full COVID-19 vaccination series prior to returning to campus. Faculty and staff may apply for an exemption on personal, medical or religious grounds through the accommodations process.

TRAINING:

Prior to reporting to Campus:

1. PNWU employees, students, partners and vendors are required to read and acknowledge the COVID-19 Reentry Plan and Update. An electronic signature will be required prior to returning to campus.
2. PNWU employees and students are required to complete the online [COVID-19 Campus Reentry Training](#). Completion of training must be verified prior to campus entry.
3. Ongoing COVID-19 training will be provided to faculty and staff on a regular basis.

SAFETY:

Employees are required to abide by the following safety standards when returning to campus:

- Read and acknowledge the Fall 2021 Reentry Plan Update.
- Complete PNWU [COVID-19 Campus Reentry Training](#).
- Participate in daily COVID-19 Symptom Self-Monitoring **before** coming to campus
- Participate in daily COVID-19 Campus Screening at the BHH reception desk before reporting to designated workstation.
- Wear required PPE as designated by office safety protocols

ALL CAMPUS

SOCIAL GATHERINGS AND NON-INSTRUCTION ACTIVITIES:

Eating and Drinking on Campus

The ability of people to eat on campus is dictated by the guidelines for the current phase of the County as outlined in the [Healthy Washington – Roadmap to Recover Plan](#).

- Drinks and snacks may be consumed, if allowed by the class or lab activity, on a limited basis in the classrooms

- Masks may be temporarily removed to consume drinks and snacks
- Meals may be consumed in the BHH Foyer, vending areas, study spaces, outdoor benches, and conference rooms as long as maximum occupancy and other safety guidelines are adhered to
 - Masks are required when not actively eating or drinking including when arriving, leaving, going to the restroom and while seated at tables and talking
 - Hand sanitizer should be available on each table
 - 3 feet of distance must be maintained with individuals at other tables, diners may not stand beside a table to talk to other diners
 - 3 feet of distance must be maintained around food preparation areas and in kitchenettes, maintaining room occupancy restrictions
 - Potlucks, buffets, or family-style meals are prohibited, (pre-packaged foods are permitted if the items are prepared by a certified food preparation facility/restaurant/caterer)
 - Sharing foods, drinks and utensils is prohibited
 - No food or drink is permitted in the Anatomy lab, OPP lab, or SIM lab
 - If a diner begins to feel unwell or develop signs of COVID-19 during an eating or drinking activity they must:
 - Immediately leave area
 - Notify COVID Nurse for further instructions

INDOOR AND OUTDOOR RECREATIONAL AND SOCIAL ACTIVITIES:

The number of people able to attend an event is dictated by the guidelines for the current phase of the county as outlined in the Healthy Washington – Roadmap to Recovery Plan. Phase 3 states:

- Indoor social gatherings with people from outside your household should not include more than 10 people.
- Outdoor social gatherings shall be limited to 50 people from outside your household.
- All outdoor and indoor social and fitness events must complete a risk assessment except for the activities below:
 - Outdoor pick-up basketball, soccer, Frisbee, and other non-club sponsored activities as well as solo piano and guitar playing the BHH foyer are allowed without a risk assessment as long as they follow the following stipulations
 - Accessing campus for non-academic outdoor use does not require screening at the BHH front reception desk
 - Masks are required at all times unless alone or 3 foot social distancing can be achieved
 - A minimum of 3 feet of physical distance must be maintained between participants at all time where possible. Distance should be increased when participants are engaged in high-intensity aerobic activities.
- Participants are required to practice good hygiene (hand washing/sanitizing, covering their sneezes and coughs, etc.)
 - Hand-washing facilities and/or hand sanitizing supplies must be made available to all participants
- High touch surfaces and shared equipment must be disinfected before and after each use.
- Outdoors locations are preferred to indoors locations
 - Be sure the outdoor location offers maximal fresh air circulation and accommodates room for social distancing
 - Outdoor temporary structures may be used but can have no more than two walls and no roof

- Indoor activities must provide increased air circulation and ventilation
 - Coordinate with facilities to adjust mechanical ventilation systems to bring in as much outside air as possible
 - Door/s must remain open
 - Please be conscience of noise
 - If possible, open windows and outside doors
 - Fans may only be used when windows or doors are open to the outdoors in order to circulate indoor and outdoor air. They must blow away from people.
 - Facilities must allow 15 minutes of non-use between each session.
- No choir, band, ensemble, or singing is permitted indoors.
 - Solo instrument playing is permitted but limited to piano, percussion, and string instruments only
 - Woodwind, brass, or other instruments that release aerosols are prohibited
 - Singing is permitted outdoors if the singers wear a face masks and increase social distancing
 - Indoor use of the BHH piano and guitar must follow allowable hours
- Non-PNWU participants are allowed to participate in indoor and outdoor activities if approved by the event risk analysis
 - Participants in indoor activities should be given a remote/virtual options such as ZOOM or Teams if possible
- Planned activities must include a remote/virtual option such as ZOOM or Teams for participants unable or uncomfortable attending an in-person event
- For organized events, a record of participants (including names and phone numbers) must be kept for 28 days after each event and made available in the case contact tracing is required.

TRAVEL:

Essential business travel is approved. Those traveling shall plan for and follow the [CDC travel guidelines](#).

EXPOSURE CONTROLS/QUARANTINE PROTOCOLS

<p>If you are having COVID-like symptoms or think you have been exposed to COVID-19</p>	<p>Contact the COVID-19 Nurse</p> <ul style="list-style-type: none"> • Contact Campus Health Nurse with any questions or symptoms. Judy O’Neal, University Campus Health Nurse (nurse@pnwu.edu 509-249-7903) <p>Employees</p> <ul style="list-style-type: none"> • Stay home and contact COVID-19 nurse • Go home; if unable to go home, report to sick room until you can arrange transportation and contact COVID-19 nurse • Notify supervisor • Supervisor notifies HR, COVID-19 Supervisor and COVID-19 nurse • Work w/HR on leave option • Staff checks in w/supervisor regarding status to determine return to campus <p>Students</p> <ul style="list-style-type: none"> • Stay home and contact COVID-19 nurse • Go home; if unable to go home, report to sick room until you can arrange transportation and contact COVID-19 nurse • Notify Student Affairs • Student Affairs notifies Course Director • Student checks in w/Student Affairs regarding status to determine return to campus <p>Contact COVID-19 Supervisor</p> <ul style="list-style-type: none"> • Contact COVID-19 Supervisor with any concerns relating to university infrastructure, policies, campus access, etc. Brent Perrin, COVID-19 Supervisor (bperrin@pnwu.edu 509.249.7999)
<p>Who Needs to Quarantine?</p>	<p>People who have been in close contact with someone who has COVID-19 <i>excluding people who have had COVID-19 within the past 3 months OR who are fully vaccinated.</i></p>

<p>Students, Faculty & Staff</p>	<ul style="list-style-type: none"> • People who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms. You may continue coming to campus. • People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms. • People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been fully vaccinated against the disease and show no symptoms. <p>What counts as close contact?</p> <ul style="list-style-type: none"> • You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more • You provided care at home to someone who is sick with COVID-19 • You had direct physical contact with the person (hugged or kissed them) • You shared eating or drinking utensils • They sneezed, coughed, or somehow got respiratory droplets on you <p>In general, you are considered fully vaccinated:</p> <ul style="list-style-type: none"> • 2 weeks after your second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or • 2 weeks after a single-dose vaccine, such as Johnson & Johnson’s Janssen vaccine <p>If it has been less than 2 weeks since your final dose, or if you still need to get your second dose, you are NOT fully protected. Keep taking all prevention measures until you are fully vaccinated.</p>
<p>Steps to Take</p>	<p>Contact the COVID-19 Nurse, if a student, Student Affairs, stay or go home, and monitor your health</p> <ul style="list-style-type: none"> • Stay home for 14 days after your last contact with a person who has COVID-19. • Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19 • If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19 <p>Current quarantine recommendations are to stay in quarantine for 14 days after your last contact. This is the safest option. Monitor your symptoms during this time, and if you have any COVID-19 symptoms during the 14 days, get tested.</p>

<p>Options to Reduce Quarantine</p>	<p>You may consider an option to reduce your quarantine if you are not working in an acute or long-term healthcare setting, correctional facility, or homeless shelter</p> <p>How long do you need to isolate yourself?</p> <p>1. If you have confirmed or suspected COVID-19 and have symptoms, you can stop your home isolation when:</p> <ul style="list-style-type: none"> • You’ve been fever-free for at least 24 hours without the use of fever-reducing medication AND • Your symptoms have gotten better, AND • At least 10 days have gone by since your symptoms first appeared. <p>2. If you tested positive for COVID-19, but have not had any symptoms, you can stop your home isolation when:</p> <ul style="list-style-type: none"> • At least 10 days have gone by since the date of your first positive COVID-19 test, AND • You have not gotten sick with COVID-19.
<p>After Quarantining</p>	<ul style="list-style-type: none"> • Watch for symptoms until 14 days after exposure • If you have symptoms, immediately self-isolate and contact the COVID-19 Nurse; if a student, contact Student Affairs as well • Wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19

ADMINISTRATIVE CONTROLS

The University has developed interim Human Resources policies to assist employees during this global pandemic. Managers/department leaders are to assure department employees and students are aware of and following these policies. The administrative controls PNWU has put into place will focus on a change in the educational and workflow behavior of its students, faculty and staff. These modifications encompass employee and student safety, new/modified policies, standards of conduct in the workplace and education settings, and training for employees and students related to COVID-19. The University will continue to closely monitor the status of COVID-19 and will make adjustments in operating status and policies as necessary. Compliance by all staff to these interim policies and administrative and external directives is mandatory. Failure to adhere could compromise the ability of the University to continue to operate. Failure to comply will be cause for disciplinary action up to and including termination.

PNWU Temporary Restrictions and Requirements due to COVID-19 and COVID-19 Vaccination Policies

PNWU is committed to providing a safe and healthy workplace for all employees and students. PNWU has developed a [Temporary Restrictions and Responsibilities Related to COVID-19 Policy](#) and a [COVID-19 Vaccination Policy](#) in response to the COVID-19 pandemic. Our goal is to mitigate the potential for transmission of COVID-19 in our work and learning places. These policies apply to all PNWU employees and students who physically work and learn on campus. Links to these policies and others can be found by visiting the online [PNWU Policy Library](#).

RESOURCES

External

[Centers for Disease Control \(CDC\) and Prevention](#)

[Occupational Safety and Health Administration \(OSHA\)](#)

[US Department of Labor and Industries](#)

[Washington State Department of Health](#)

[Office of the Governor of the State of Washington](#)

[Yakima County Health District](#)

[City of Yakima](#)

Internal

[Temporary Restrictions and Responsibilities Related to COVID-19 Policy](#)

[COVID-19 Vaccination Policy](#)

[COVID-19 Campus Reentry Training](#)

[PNWU Exposure Controls/Quarantine Protocols](#)

[Department Risk Assessment](#)

[Event Risk Assessment](#)

[COVID-19 PNWU Updates](#)