



GROW
YOUR BENEFITS@UTD

CARDIOVASCULAR SCREENING EVENT SIGN UP TODAY!

July 18th & 19th, 2022 at UT Dallas

HR Live Oak Conference Room, AD 3.418Q

(Screening is covered with no out-of-pocket cost for employees on the UTD insurance plan)

Cardiovascular screenings can help identify potential risk that could lead to a stroke or heart attack

- **Screening includes:**

- Carotid ultrasound – screens for plaque in the carotid arteries to detect and help prevent strokes. (noninvasive)
- Duplex ultrasound of extremities - screens for narrowing or blockage in the lower extremities.

- **Risk factors include** (does not include all risk factors):

- High blood pressure or cholesterol
- Family history of heart disease or stroke
- Sedentary lifestyle
- Age 40 and over
- High fat diet / Obesity
- Diabetes
- Smoking



Note: This screening goes beyond your regular physical. It is an actual photo of your arteries to check for signs of plaque buildup.

How to schedule your appointment:

- [Click Here](#) to secure your appointment time or email bettyh@premiercorporatwellness.com with questions.
- We will contact you for insurance information and send paperwork that needs to be completed.
- Day of the appointment – bring a copy of your insurance card, photo ID and paperwork. (Please bring a photocopy of your cards that we can keep.)

