

UTD WELLNESS COMMITTEE 2022 WELLNESS SERIES

## TIS THE SEASON TO EAT IN SEASON:

## INCORPORATING SUSTAINABILITY INTO YOUR LIFESTYLE

MAY 25, 2022 | 12PM TO 1PM SSA\* 12.471 | TEAMS

\*Student Services Addition Building

The live event will be held for a limited number of participants who would like to attend in person and avail of a boxed lunch. Registration for in person attendance is required: <u>https://utd.link/may2022wellness</u>

TEAMS Link: <u>https://bit.ly/3PhBWqd</u>

## PRESENTERS:

**Avery McKitrick** Sustainability Coordinator, Office of Sustainability

**Daniel Schultz, MCN, RDN, LD** *Registered Dietitian Nutritionist, Student Wellness Center*