Conquer back or joint pain without drugs or surgery

You and your eligible family members get free access to Hinge Health’s programs for back, knee, hip, shoulder, or neck pain.

UT Living Well is excited to host a coach-led stretching session in Partnership with Hinge Health!

This upcoming webinar will cover some tips and tricks on how to incorporate more movement throughout the day, improve your workspace, and how their programs can help you eliminate your joint pain, from the ease of your home!

MONDAY, OCTOBER 11 @ 12CT REGISTER TODAY
utbenefits.link/HingeHealthWebinar2021

To learn more call (855) 902-2777, or apply at: HINGEHEALTH.COM/UTHEALTH