Mental Health and Well-Being: A Part of the Equity Equation

COMMUNITY RESOURCES:

- Deer Oaks
  https://www.deeroaks.com/
- United Rocks
  https://unitedrocks.org/
- Segue Center
  https://seguecenter.org/
- Spectra Therapies and Evaluations
  https://spectratherapies.com/
- Lifepath Systems
  https://www.lifepathsystems.org/
- MentalHealth.gov
  https://www.mentalhealth.gov/

CAMPUS RESOURCES:

- AccessAbility Resource Center
  https://accessability.utdallas.edu/
- Resources for Campus Accessibility
  https://www.utdallas.edu/about-us/accessibility/
- Title IX
  https://institutional-initiatives.utdallas.edu/equity/self-identify/
- Universal Access ERG
  https://uaerg.utdallas.edu/
- Student Wellness Center
  https://studentwellness.utdallas.edu/
- Student Counseling Center
  www.utdallas.edu/counseling
- Counseling Center Resources Hub
  https://counseling.utdallas.edu/resources/
- Center for Students in Recovery
  www.utdallas.edu/recovery
- Student Health Center
  www.utdallas.edu/studentaccess
- Graduate Student Assembly
  https://gsa.utdallas.edu/
- Student Government
  www.utdallas.edu/sg
- Student Diversity Advisory Council
  https://employee-equity.utdallas.edu/about/sdac/
- Employee Wellness Program
  www.utdallas.edu/wellness
- UT System Living Well Program
  www.utsystem.edu/offices/employee-benefits/living-well
- Eugene McDermott Library
  https://libguides.utdallas.edu/mental-health-and-wellbeing
- Office of Diversity, Equity and Inclusion
  https://odei.utdallas.edu/i-need-education/