

## LECTURE 25: PROPERTIES OF CONTINUOUS FUNCTIONS (I)

**Today:** We'll prove two of the three *Value Theorems* used in Calculus: The Extreme Value Theorem and the Intermediate Value Theorem. The Mean Value Theorem will be proven in Math 140B.

**Note:** To give you a break, today we will not use any  $\epsilon$  and  $\delta$  😊

### 1. BOUNDED FUNCTIONS

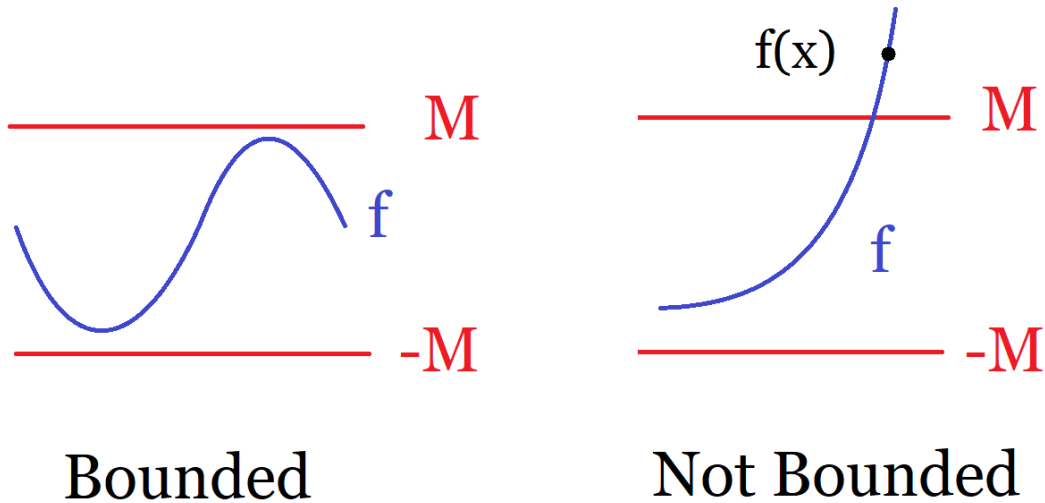
**Video:** Bounded Functions

As a warm-up, let's show that continuous functions are bounded

**Defintion:**

$f$  is **bounded** if there is  $M > 0$  such that for all  $x$ ,  $|f(x)| \leq M$

(This is similar to the definition of sequences being bounded)

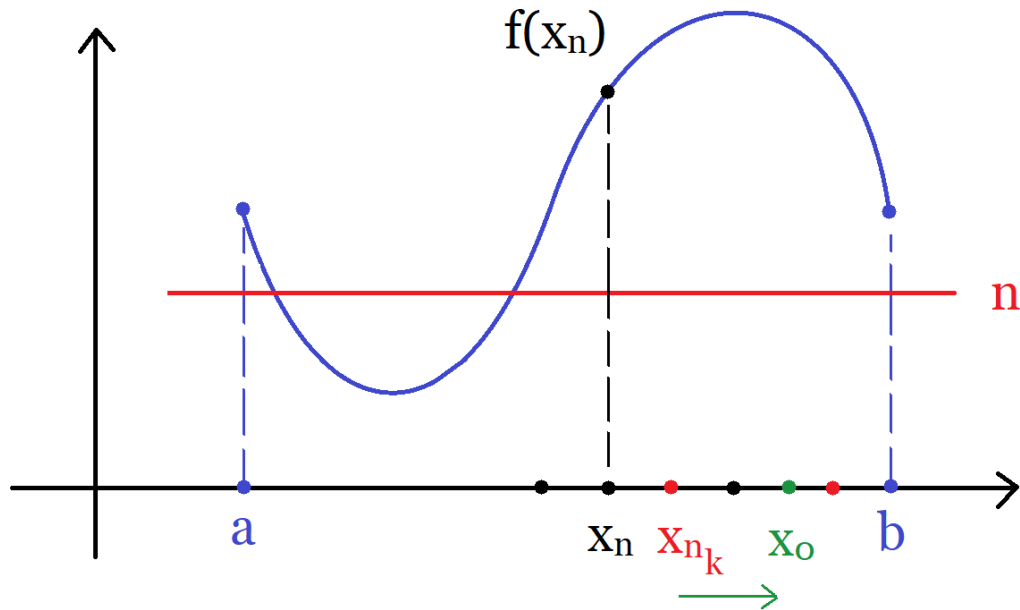


In other words, a bounded function is trapped between  $-M$  and  $M$ , whereas an unbounded function always goes outside of  $[-M, M]$ , no matter how large  $M$  is.

**Fact:**

If  $f : [a, b] \rightarrow \mathbb{R}$  is continuous, then  $f$  is bounded

**Proof:** Suppose not. Then for all  $n \in \mathbb{N}$  (using the above with  $M = n$ ) there is some  $x_n \in [a, b]$  with  $|f(x_n)| > n$ .



Since  $x_n \in [a, b]$ , the sequence  $(x_n)$  is bounded.

Therefore, by Bolzano-Weierstraß,  $(x_n)$  has a convergent subsequence  $(x_{n_k})$  that converges to some  $x_0 \in [a, b]$ .

Since  $x_{n_k} \rightarrow x_0$  and  $f$  is continuous, we have  $f(x_{n_k}) \rightarrow f(x_0)$  and so  $|f(x_{n_k})| \rightarrow |f(x_0)|$ .

On the other hand, since  $|f(x_n)| > n$  for all  $n$ , we have  $|f(x_n)| \rightarrow \infty$ . In particular this is true for the subsequence  $f(x_{n_k})$ , and therefore  $|f(x_{n_k})| \rightarrow \infty$  as well.

Comparing the two, we get  $|f(x_0)| = \infty$ , which is absurd  $\Rightarrow \Leftarrow$   $\square$

## 2. THE EXTREME VALUE THEOREM

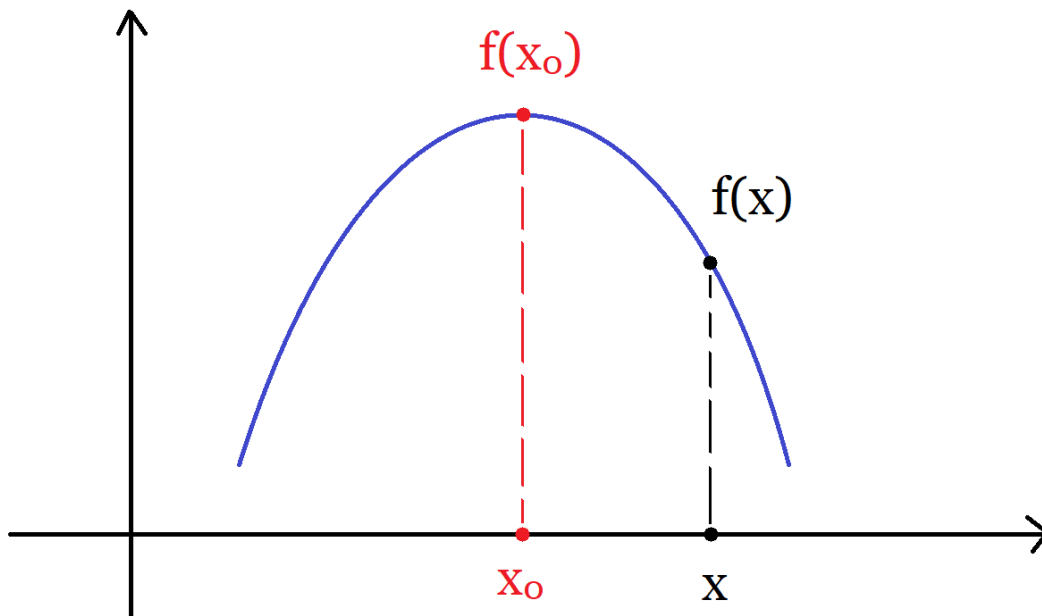
**Video:** The Extreme Value Theorem

The Extreme Value Theorem is of the unsung heroes in Calculus. It says that any continuous function  $f$  on  $[a, b]$  must have a maximum and minimum. Without this, optimization problems would be impossible to solve!

**Defintion:**

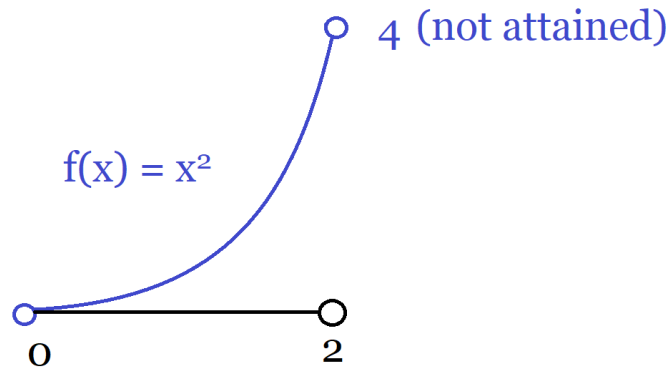
$f$  has a **maximum** on  $[a, b]$  if there is  $x_0 \in [a, b]$  such that  $f(x_0) \geq f(x)$  for all  $x \in [a, b]$

(Similarly for minimum)



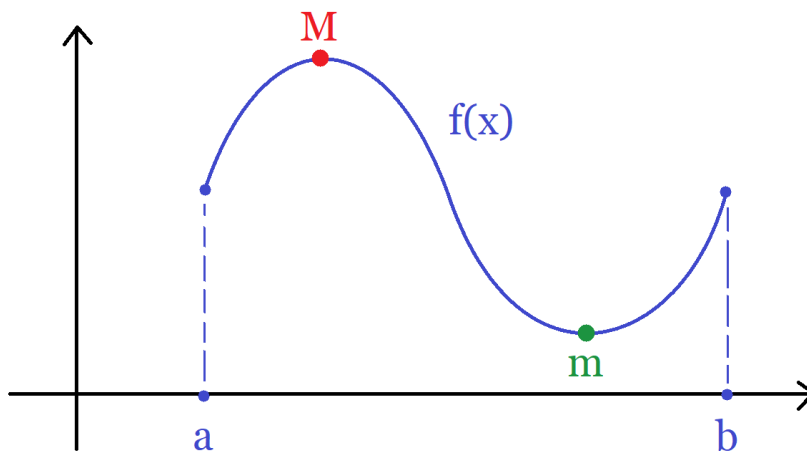
**Important:** *By definition,* the maximum has to be **attained**. In other words, there must be some  $x_0$  such that  $f(x_0)$  is that maximum!

**Non-Example:**  $f(x) = x^2$  has no maximum on  $(0, 2)$  because if it did, the maximum would be 4, but there is no  $x_0$  in  $(0, 2)$  with  $f(x_0) = 4$



### Extreme Value Theorem:

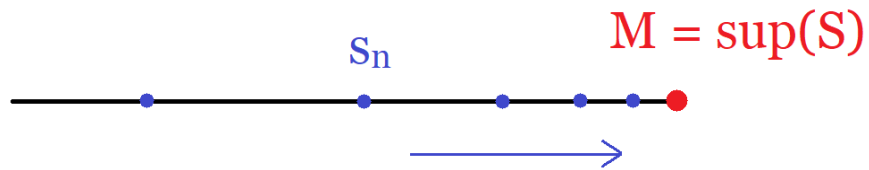
Suppose  $f : [a, b] \rightarrow \mathbb{R}$  is continuous, then  $f$  has a maximum and a minimum on  $[a, b]$



First, let's prove a Useful Lemma that will be useful both here and for the Intermediate Value Theorem:

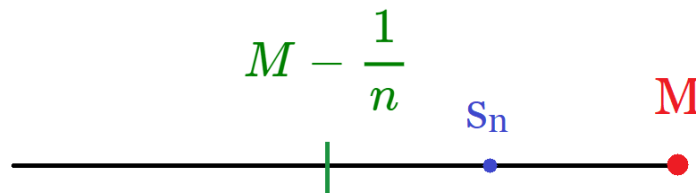
**Useful Lemma:**

If  $S$  is a subset of  $\mathbb{R}$  with  $\sup(S) =: M < \infty$ , then there is a sequence  $(s_n)$  in  $S$  that converges to  $M$



In other words, there is always a train with destination  $\sup(S)$ . That is, you can always reach  $\sup(S)$  with a sequence. In other words,  $\sup(S)$  isn't such an abstract concept any more, we can attain it through sequences!

**Proof of Useful Lemma:** For every  $n \in \mathbb{N}$ , consider  $M - \frac{1}{n} < M = \sup(S)$ . Therefore by definition of  $\sup$ , for every  $n$  there is some  $s_n \in S$  with  $M - \frac{1}{n} < s_n \leq M$ , but then by the squeeze theorem, we have  $s_n \rightarrow M$   $\square$



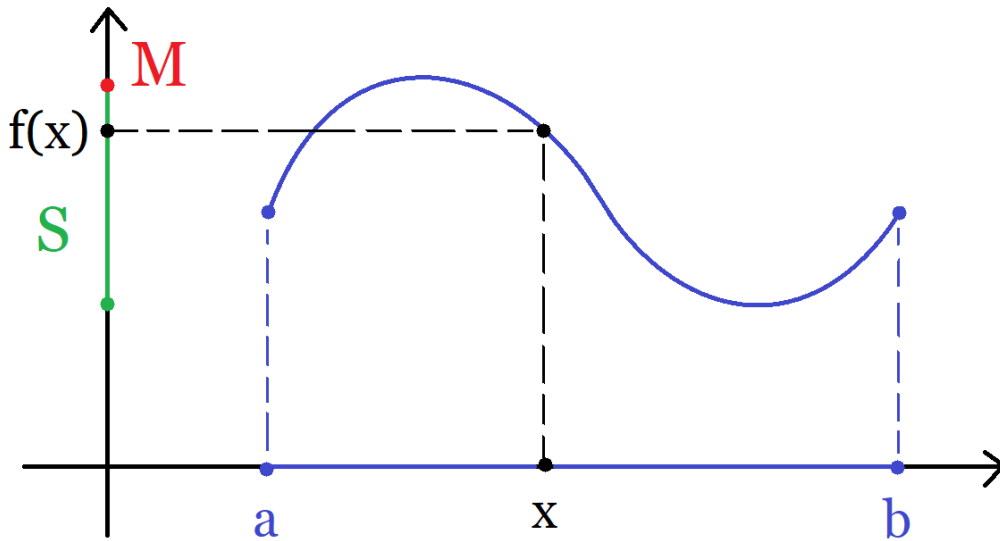
### Proof of the Extreme Value Theorem:

**Note:** It's enough to show that  $f$  has a maximum, since we can repeat the same proof with  $-f$  instead of  $f$  (since  $-f$  has a maximum whenever  $f$  has a minimum, and vice-versa)

**STEP 1:** Since  $f$  is continuous on  $[a, b]$ ,  $f$  is bounded, so there is  $C$  such that  $|f(x)| \leq C$  for all  $x$ .

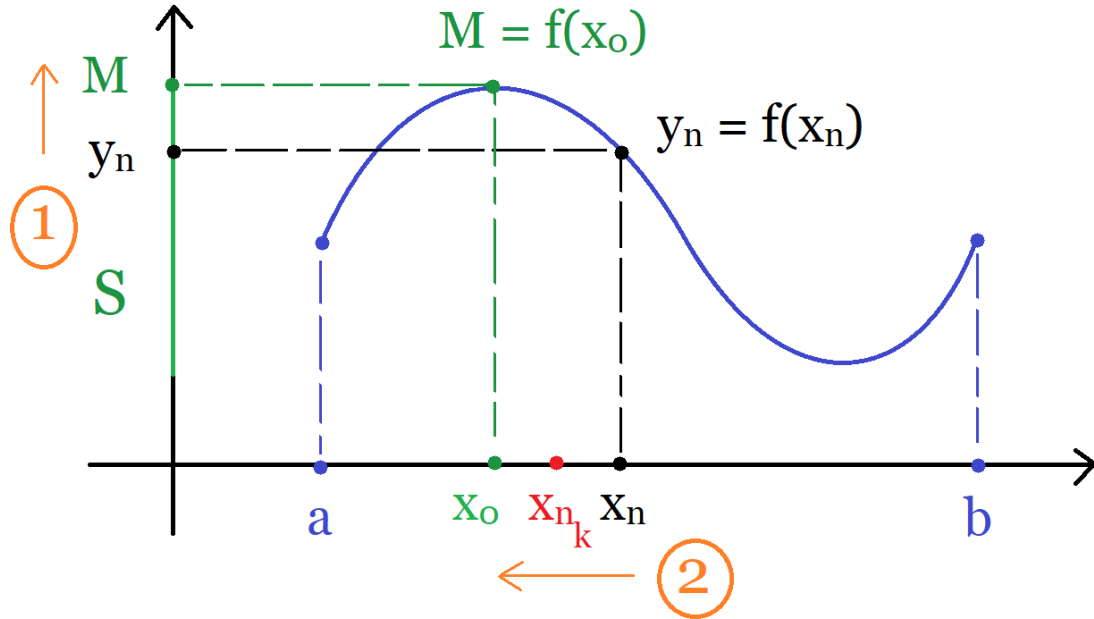
Consider the set

$$S = \{f(x) \mid x \in [a, b]\}$$



Since  $f$  is bounded,  $S$  is bounded (by  $C$ ), and therefore  $S$  has a least upper bound  $\sup(S) =: M$

**STEP 2:** By the Useful Lemma above, there is a sequence  $y_n \in S$  with  $y_n \rightarrow M$



Since  $y_n \in S$ , by definition of  $S$  we have  $y_n = f(x_n)$  for some  $x_n \in [a, b]$

Since  $x_n \in [a, b]$ ,  $(x_n)$  is bounded. Therefore, by the Bolzano-Weierstraß theorem,  $(x_n)$  has a convergent subsequence  $x_{n_k} \rightarrow x_0$  for some  $x_0 \in [a, b]$

Since  $x_{n_k} \rightarrow x_0$  and  $f$  is continuous, we have  $f(x_{n_k}) \rightarrow f(x_0)$

On the other hand,  $f(x_n) = y_n \rightarrow M$  (by definition of  $y_n$ ). In particular, the subsequence  $f(x_{n_k}) = y_{n_k} \rightarrow M$  as well.

Comparing the two, we get  $f(x_0) = M$

**STEP 3:**



**Claim:**  $f$  has a maximum

This follows because for all  $x \in [a, b]$

$$f(x_0) = M = \sup \{f(x) \mid x \in [a, b]\} \geq f(x)$$

And therefore  $f(x_0) \geq f(x)$  for all  $x \in [a, b]$  □

**Note:** The same result holds if you replace  $[a, b]$  by any compact set. Check out this video if you're interested: Continuity and Compactness

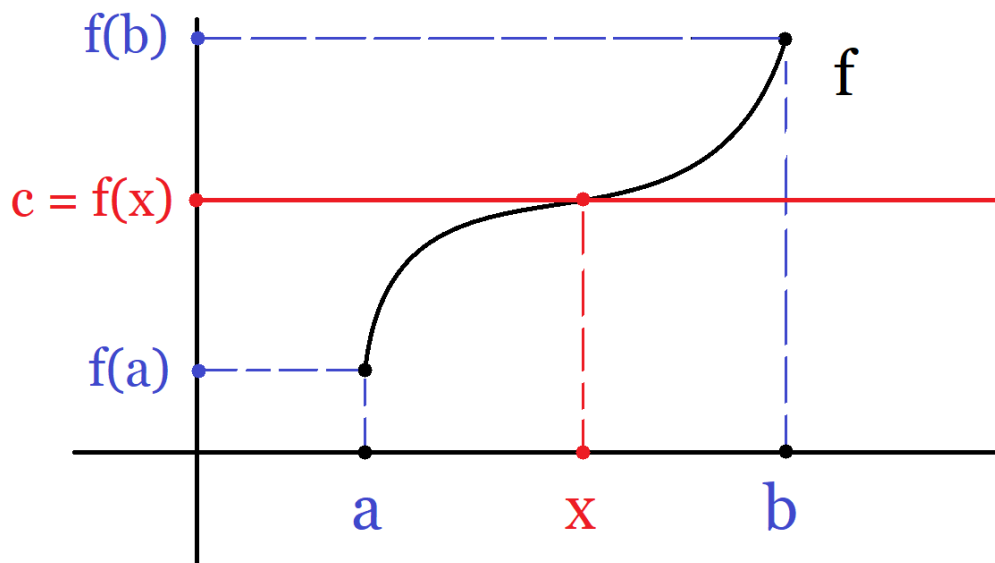
### 3. THE INTERMEDIATE VALUE THEOREM

**Video:** Intermediate Value Theorem

Let's now discuss the second Value Theorem of Calculus: The Intermediate Value Theorem. It says that if  $f$  is continuous, then  $f$  attains all the values between  $f(a)$  and  $f(b)$ :

**Intermediate Value Theorem:**

If  $f : [a, b] \rightarrow \mathbb{R}$  is continuous and if  $c$  is any number between  $f(a)$  and  $f(b)$ , then there is some  $x \in [a, b]$  such that  $f(x) = c$

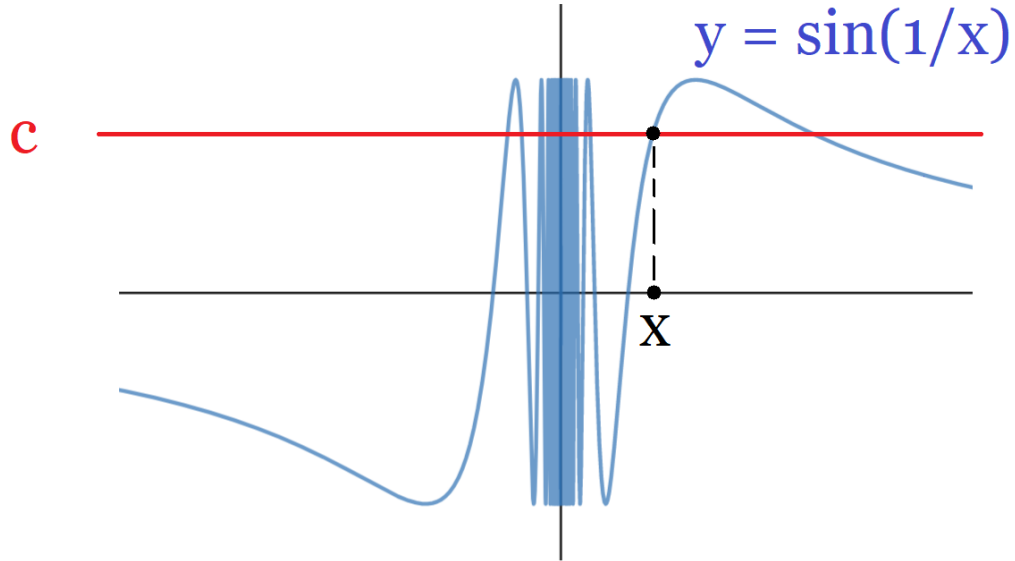


**Note:** There are functions  $f$  that are not continuous, but that satisfy the intermediate value property above.

**Example:** (see HW)

$$f(x) = \begin{cases} \sin\left(\frac{1}{x}\right) & \text{if } x \neq 0 \\ 0 & \text{if } x = 0 \end{cases}$$

Discontinuous at 0 but satisfies the intermediate value property

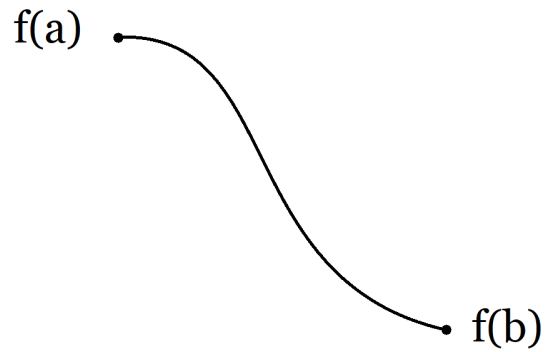


(Graph courtesy Desmos)

**Proof:**

**STEP 1:** WLOG, assume  $f(a) < c < f(b)$

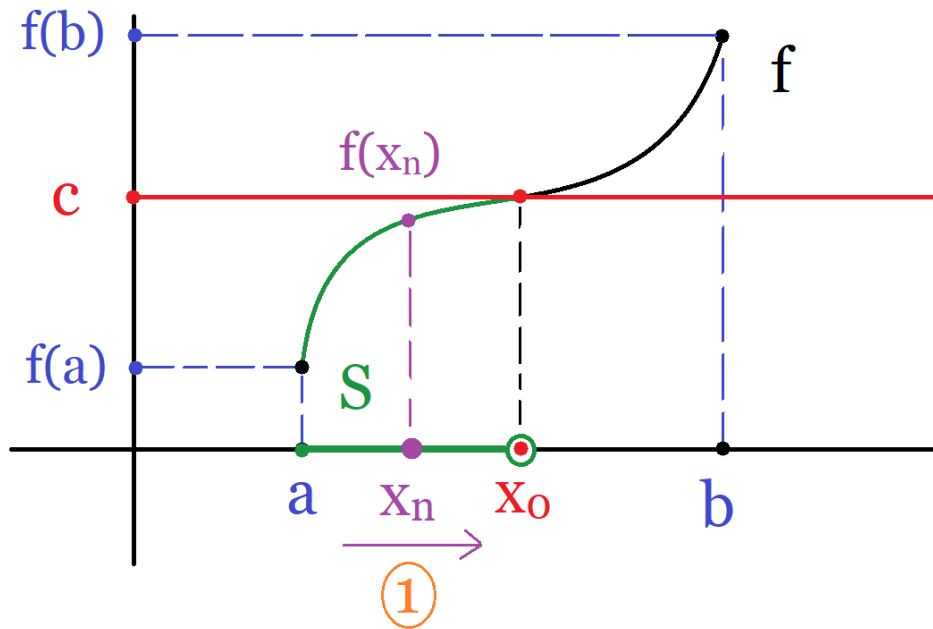
(If  $c = f(a)$ , let  $x = a$ , and if  $c = f(b)$ , let  $x = b$ . And if  $f(b) < f(a)$ , apply the result with  $-f$ )



Since  $f(a) < c$ , let's consider

$$S = \{x \in [a, b] \mid f(x) < c\}$$

Then  $S \neq \emptyset$  (since  $a \in S$ ) and  $S$  is bounded above (by  $b$ ), therefore  $S$  has a least upper bound  $\sup(S) =: x_0$



**Claim:**  $f(x_0) = c$

We will do this by showing  $f(x_0) \leq c$  and  $f(x_0) \geq c$

**STEP 2:** Show  $f(x_0) \leq c$

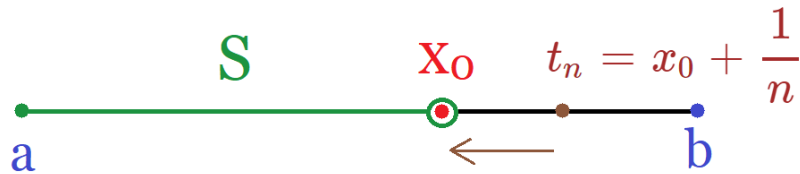
By the Useful Lemma from above, there is a sequence  $(x_n)$  in  $S$  with  $x_n \rightarrow x_0$ . Therefore, since  $f$  is continuous, we get  $f(x_n) \rightarrow f(x_0)$ .

But since  $x_n \in S$ , by definition of  $S$ , we have  $f(x_n) < c$ , and therefore

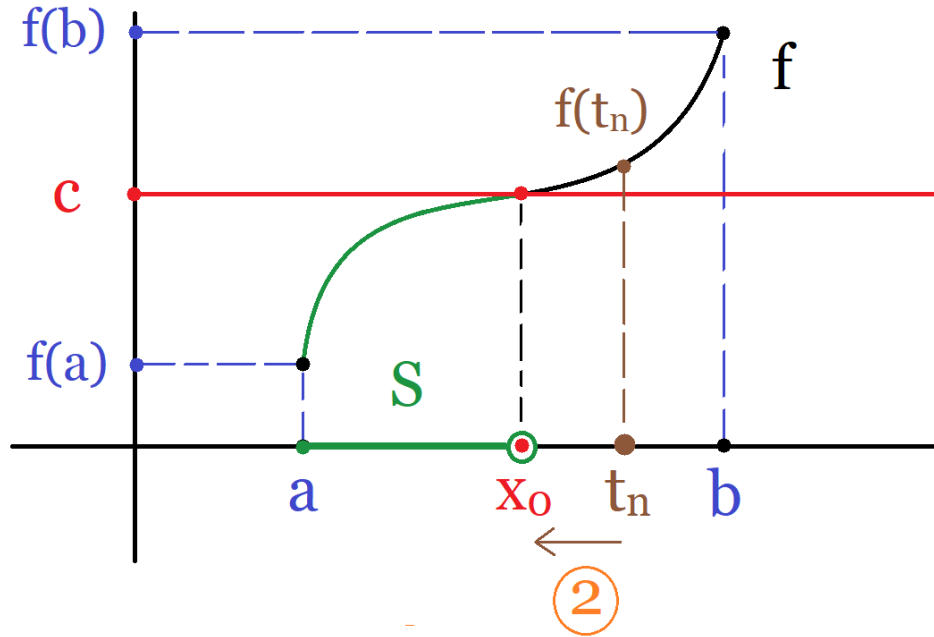
$$f(x_0) = \lim_{n \rightarrow \infty} f(x_n) \leq c \checkmark$$

**STEP 3:** Show  $f(x_0) \geq c$

First of all, we have  $x_0 \neq b$  because  $f(x_0) \geq c$  whereas  $f(b) < c$ , so  $x_0$  and  $b$  cannot be equal. Therefore  $x_0 < b$ .



Since  $x_0 < b$ , for  $n$  small enough, we have  $t_n =: x_0 + \frac{1}{n} < b$ . By definition  $t_n \in [a, b]$ ,  $t_n > x_0$  and  $t_n \rightarrow x_0$ .



Since  $t_n \rightarrow x_0$  and  $f$  is continuous, we have  $f(t_n) \rightarrow f(x_0)$

Moreover, since  $t_n > x_0$  and  $x_0 = \sup(S)$ , we must have  $t_n \notin S$ , meaning that (by definition of  $S$ ),  $f(t_n) \geq c$ .

Therefore, we get

$$f(x_0) = \lim_{n \rightarrow \infty} f(t_n) \geq c \checkmark$$

Combining STEP 2 and STEP 3, we get  $f(x_0) = c$  □

**Note:** The same result holds if you replace  $[a, b]$  by any *connected* set. Connected intuitively just means that the set just had one piece. For instance  $[a, b]$  is connected but  $[0, 1] \cup [2, 3]$  is disconnected; it has two pieces.



Connected



Disconnected

#### 4. IMAGE OF AN INTERVAL

**Video:** Image of an interval

Because the Intermediate Value Theorem, it is interesting to figure out what happens when you apply a function to an interval.

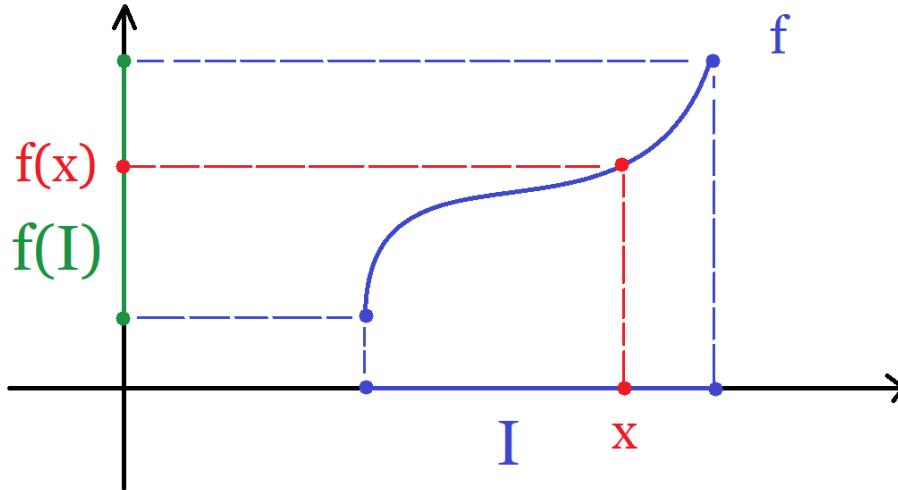
##### Notation:

$I$  denotes an interval, such as  $I = (0, 1)$  or  $[1, 2)$  or  $[2, 3]$  or  $(3, \infty)$  or even  $\mathbb{R}$

##### Definition:

If  $I$  is an interval then the **image of  $f$  of  $I$**  (or the range of  $f$ ) is

$$f(I) = \{f(x) \mid x \in I\}$$



For general  $f$ ,  $f(I)$  could be some crazy set (think a fractal or the Cantor set), but it turns out that if  $f$  is continuous, then  $f(I)$  is very nice:

**Fact:**

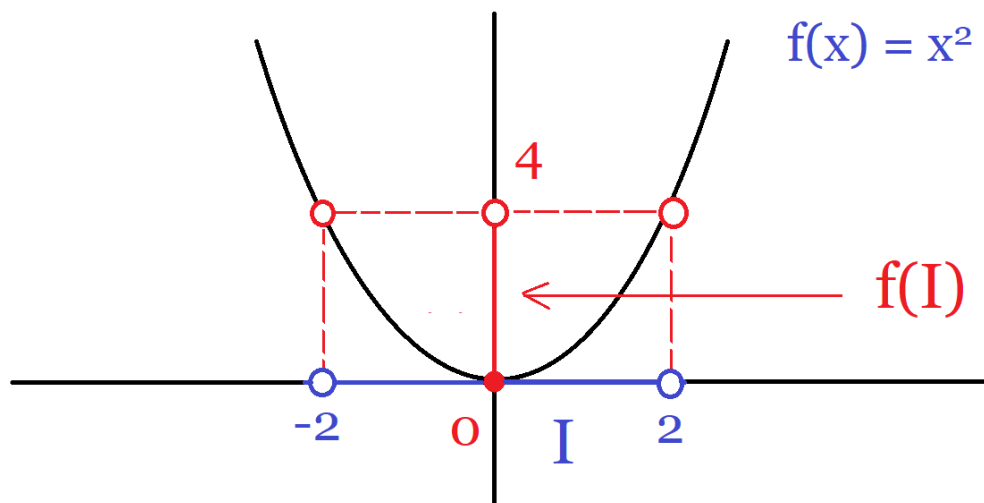
If  $f$  is continuous, then  $f(I)$  is an interval (or a single point)

**Example 1:**

If  $f(x) = x^2$  and  $I = (-2, 2)$  then

$$f(I) = \{x^2 \mid x \in (-2, 2)\} = [0, 4)$$



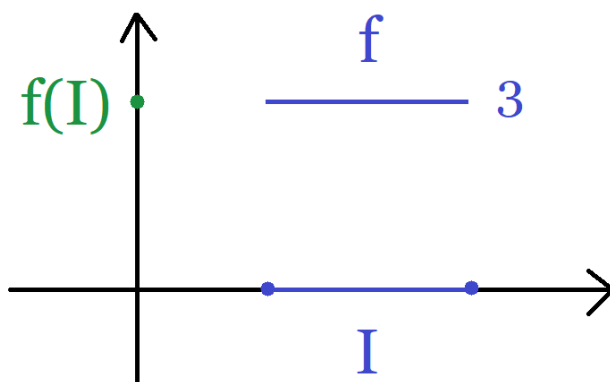


**Beware:** Even though  $(-2, 2)$  is open,  $f((-2, 2))$  isn't necessarily open!

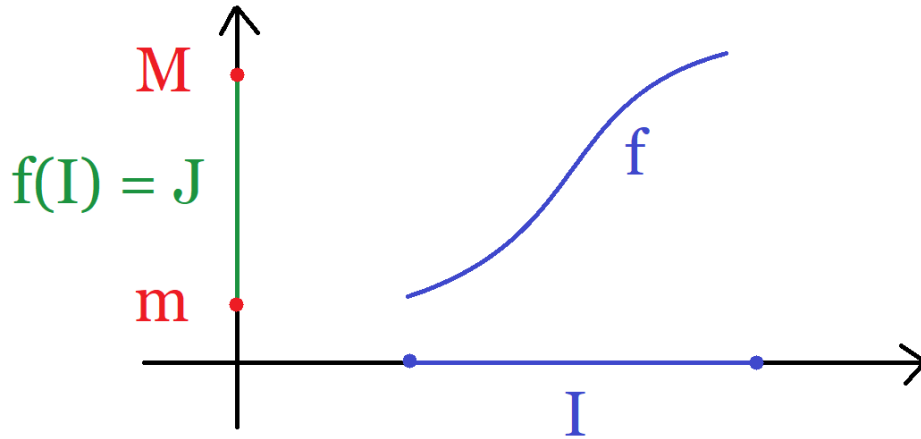
### Example 2:

If  $f(x) \equiv 3$  and  $I$  is any nonempty interval, then

$$f(I) = \{3\}$$



**Proof:** Let  $J =: f(I)$  and let  $m =: \inf(J)$  and  $M =: \sup(J)$



**Case 1:**  $m = M$ , then  $J = \{m\}$  is a single point ✓

**Case 2:**  $m < M$ .

**Claim:**  $J$  contains the interval  $(m, M)$

$$J = \begin{array}{ccc} m & (m, M) & M \\ \circ & \text{---} & \circ \\ ? & & ? \end{array}$$

Then we would be done because we would then have either  $J = (m, M)$  or  $J = [m, M)$  or  $J = (m, M]$  or  $J = [m, M]$ , depending on whether or not  $m = \inf(J)$  and  $M = \sup(J)$  are in  $J$  or not (here the endpoints

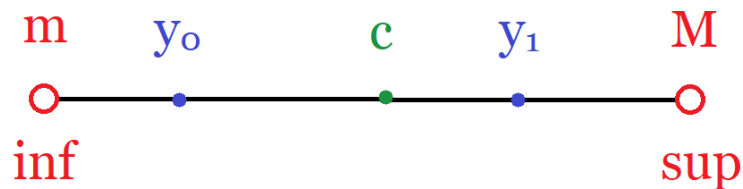
may be infinite).

**Proof of Claim:** Let  $c \in (m, M)$ , and show  $c \in J$ .

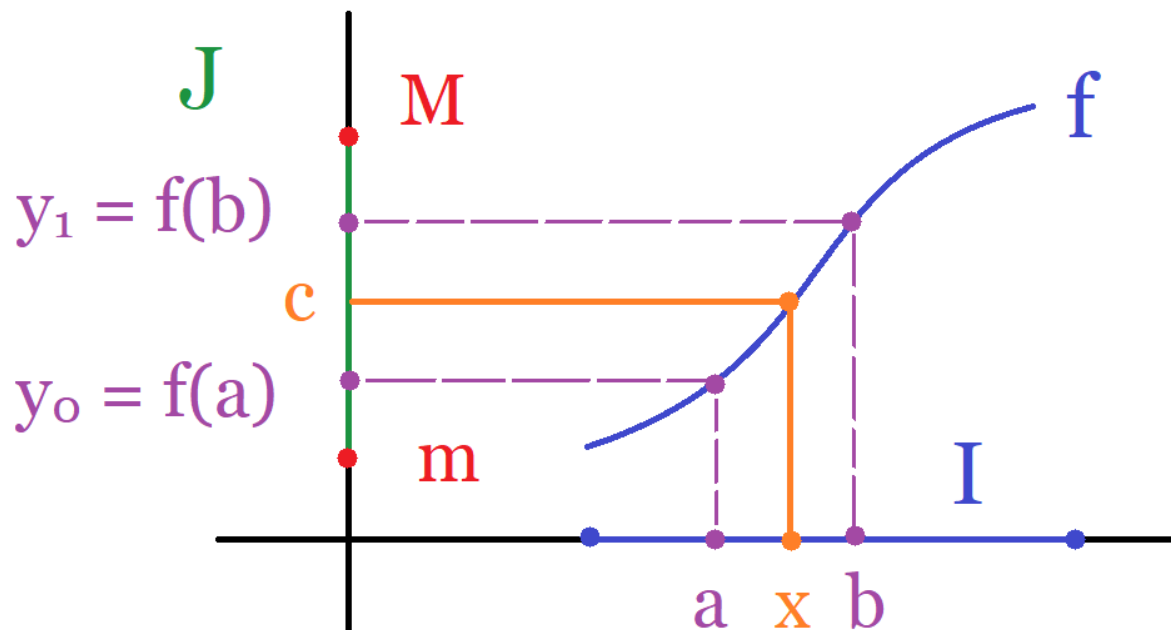
By assumption  $m < c < M$ . Since  $c > m = \inf(J)$ , by definition of  $\inf$ , there is  $y_0 \in J$  such that  $y_0 < c$ , and since  $c < M = \sup(J)$ , there is  $y_1 \in J$  such that  $c < y_1$ .



Therefore we get  $y_0 < c < y_1$ .



Since  $y_0 \in J = f(I)$ , by definition of  $f(I)$ , there is  $a \in I$  such that  $y_0 = f(a)$ . Similarly there is  $b \in I$  such that  $y_1 = f(b)$ .



Since  $f$  is continuous and  $c$  is between  $f(a)$  and  $f(b)$ , by the Intermediate Value Theorem, there is  $x$  between  $a \in I$  and  $b \in I$  (so  $x \in I$  since  $I$  is an interval) such that  $f(x) = c$ , but this means that  $c \in f(I) = J$   
 $\checkmark$  □