# **ADVANCED PRACTICE NEWS**



## **Advanced Practice News**

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#### **OUR VISION STATEMENT**

The UCI Health Advanced Practice Providers Program aims to be a leader in **patient-centered care**, **research**, and "**top of the license practice**." We believe that when APPs are used to their fullest potential, the entire healthcare system benefits.

# A MESSAGE FROM OUR DIRECTOR OF ADVANCED PRACTICE PROVIDERS

VASCO DEON KIDD, DHSC, MPH, MS, PA-C



is with great pleasure that I welcome you to the sixth edition Advanced Practice News to commemorate National Nurse

Practitioner Week from November 7-13, 2021.

The Nurse Practitioner profession has evolved significantly throughout the past 50 years. Today, there are more than 290,000 licensed NPs in the United States. The NP profession is touching all facets of healthcare while playing

a uniquely important role in the delivery of patient-centered care in all clinical settings. This is underscored by the more than 1 billion visits made annually to NPs across the country. Moreover, research consistently affirms that NPs provide high quality care, increase patient access and throughput, and improve rates of patient satisfaction. The NP profession is highly regarded as evidenced by the *2021 U.S. News Best Jobs Rankings*, in which the NP profession is ranked #2 in Best Health Care Jobs and #3 in 100 Best Jobs. Please take moment and celebrate with our outstanding NP colleagues.

As I close, I want to offer my heartfelt thanks and appreciation to ALL of you for your unwavering commitment and sacrifice in helping UCI Health carry out its mission now and in the future. Please stay healthy and strong!

Best regards,

Vasco Deon Kidd

# A MESSAGE FROM THE CNE: IN HONOR OF NURSE PRACTITIONERS

BROOKE BALDWIN, DNP, RN, NE-BC

My role as chief nursing executive (CNE) for UCI Health started in January this year. As the CNE, I contribute to the development of strategic goals and provide a vision for all aspects of patient and quality of care, ensuring professional nursing standards are uniform and maintained across the system. These areas of responsibility include nursing and patient care initiatives across the health system and oversight in all inpatient and outpatient care settings, as well as surgical services, pharmacy, and care management. This responsibility also includes the UCI Health nurse practitioners.



Brooke Baldwin, DNP, RN, NE-BC

UCI Health has much to be proud of regarding the work and contributions of nurse practitioners. Currently we have approximately in a wide variety of practice settings – women's health, pediatrics, adults, acute care, and primary care settings.

The year 2021 started with the expansion of the nurse practitioner scope of practice with the implementation of AB 890. This legislation is helping to pave the way for nurse practitioners to provide crucial services for where care is needed in our state. While California remains one of eleven states with restricted practice for nurse practitioners, AB 890 is an important step in moving towards full practice authority in the future.

Here at home at UCI, this year has been a year of program growth for all APPs within our organization. A few examples of the work that has occurred during this last year include:

- The journey of implementing APP practice standards
- Implementation of APP Grand Rounds and CME approval
- Multiple publications and poster presentations in 2020 & 2021

Please take time to honor your individual contributions to excellence in patient care and patient care outcomes at UCI Health as well as the collective contributions of all the advanced practice providers.

Happy Nurse Practitioners Week!

Brooke Baldwin, DNP, RN, NE-BC

### HAPPY NATIONAL NP WEEK!

KRISTEN KO, PHN, FNP-BC, CCTC

Nurse Practitioners (NPs) are Advanced Practice Registered Nurses (APRNs) that have advanced training, certification, and clinical expertise in the prevention and management of various health conditions. They emphasize the health and well-being of the whole person, health education, and comprehensive quality care.

At UCI Health, we are honored to have 132 exceptional NPs as part of our Advanced Practice Providers (APP) team. UCI's NPs are among the best in the region and function in various roles throughout our medical center. From primary care, urgent care, the emergency room, specialty services, sub-specialties, inpatient, research, education, quality, administration, and beyond, our nurse practitioners provide



Kristen Ko, PHN, FNP-BC, CCTC

comprehensive and compassionate care to our patients and serve as leaders within our organization.

The ongoing COVID-19 pandemic has made this year exceptionally challenging, yet, our nurse practitioners have consistently stepped up to meet the evolving needs of our community. Throughout the pandemic, our NPs have picked up extra shifts, staffed COVID-19 testing sites, managed COVID-19 patients, facilitated monoclonal antibody infusions, assisted in vaccination programs, and redeployed to areas of need within our medical center, including the emergency room, urgent care, occupational health, inpatient, and the mobile field hospital. With these NP contributions, our medical center was able to meet the needs of our patients and navigate through unprecedented times.

As we celebrate NP week this year, I encourage you to reflect upon the outstanding contributions of our UCI Health NPs. I am deeply humbled and honored to be part of such an extraordinary team and extend my heartfelt gratitude to all our NPs for their dedication and service. I wish each of you a very Happy NP week and blessings in the year to come!

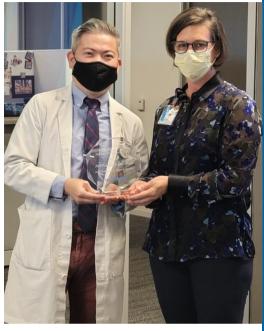
Kristen Ko, PHN, FNP-BC, CCTC

## A DAY IN THE LIFE OF AN APP: NP

VILBEN MICHAEL DE GUZMAN, MSN, APRN, NP-C

#### 1) Tell us about your journey to becoming an NP.

Nursing was something I fell in love with by accident. It didn't take long for me to realize that nursing made me a better person. But as much as being an RN was rewarding, I felt that I can offer more. That's when I went back to school to pursue my Adult-Gerontology Primary Care NP specialty at California State University-Long Beach. Soon after NP school, I worked in concierge medicine and realized it wasn't what I wanted to do so I went back to grad school to take my post-masters in Adult-Gerontology Acute Care NP specialty at the University of Pennsylvania. After my post-grad, I found my love in Hospital Medicine and has been practicing as a Hospitalist in Internal Medicine for almost a decade now.



Michael De Guzman, MSN, APRN, NP-C and Brooke Baldwin, DNP, RN, NE-BC

#### 2) Tell us about your day-to-day on the job.

Being an Internal Medicine Hospitalist NP, you need to have a vast understanding of different disease processes since Internal Medicine is so broad. it's always exciting to see different cases each day. You just don't know what kind of cases you'll get. Once the decision is made in the ED that a patient will be admitted, I will see the patient to establish care, follow their progress at the hospital, consult necessary specialties, and discharge with a safe disposition and follow-up. I see between 8-14 patients daily in my twelve hour shift. Throughout the day, I coordinate plan of care with case managers, residents/fellows, patients families, PT/OT, and other interdisciplinary team members.

#### 3) What is the most rewarding part of your job?

I personally enjoy learning about interesting cases I see on a daily basis. It helps me become a better provider. It brings me so much joy to see a patient progress for the better. I also appreciate working with all the interdisciplinary team members especially my colleagues in nursing since they are with my patients for twelve straight hours.

## A DAY IN THE LIFE OF AN APP: NP

VILBEN MICHAEL DE GUZMAN, MSN, APRN, NP-C



Michael De Guzman, MSN, APRN, NP-C

## 4) What advice would you give an aspiring NP?

Humility goes a long way. You can be really smart but if you have poor interpersonal skills then you won't get far in this profession or life in general. Have at least a few years under your belt before going back to school, just so you have a good foundation. I am a better provider because I know how it is to be on the other end of the spectrum being a bedside nurse.

#### 5) What is one fun fact that most people don't know about you?

I enjoy doing a lot of fun things but a lot of people don't know I enjoy spontaneity whether it means spontaneous dinners, trips to the museum, beach, and even booking random flights somewhere. Life is too short to be so structured.

#### 6) What does National NP Week mean to you?

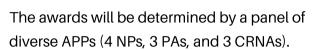
National NP week means celebrating and recognizing all the triumphs we have accomplished as a profession and address barriers, challenges, issues that we face on a national level. Happy NP week to all my colleagues and I know we all work so hard to make this place a better place for our patients.

### **APP AWARDS**

As a follow-up to our previous newsletter, we will be implementing a new APP awards program in 2022, which is currently under review. The new system will recognize the many achievements and contributions of individual APPs from diverse professional backgrounds. A nomination process along with specific criteria has been developed.

We will recognize three APP of the Year Awards:

- · CRNA of the Year Award
- NP of the Year Award
- · PA of the Year Award



The APP Awards Subcommittee includes:



- PAs: Catherine N. Taosuvanna, PA-C; Richard Bruce, PA-C; Valerie George, PA-C
- CRNAs: Michael Marino, FNP-C, CRNA; Nilu Patel, DNAP, APRN, CRNA; Kelby Carey, CRNA

Nominations are open to all UCI employees. To nominate an APP, please visit the link below:

#### https://bit.ly/APPAwardsNom2021

The APP Awards nomination form will close on Monday, January 31, 2022.

APP Awards will be announced sometime in 2022.

More information regarding the award nomination process is available online at:

<a href="https://app.health.uci.edu/app-awards/">https://app.health.uci.edu/app-awards/</a>



## **ADVANCED PRACTICE COUNCIL:** FY2022 GOALS

The Advanced Practice Council goals for 2022 include the following:

- Increase scholarly research production by 10%
- Develop and implement an APP onboarding process
- Develop a prototype clinical ladder rubric in consultation with the Director of Advanced Practice and clinical ladder workgroup
- APP Lounge: identify additional space that could be used for documentation, case debrief, and rest between cases



#### Advanced Practice Council (APC) Committee



































The Advanced Practice Council (APC) is an opportunity for APPs to be professionally involved in generating new ideas, expanding the role of advanced practice, and participating in quality improvement initiatives that result in positive patient outcomes. The APC meets the second Monday of each month.

If you have an interest in joining the committee, we encourage you to be a part of the Advanced Practice Council.

https://app.health.uci.edu/committee

# SPOTLIGHT ON APP ACHIEVEMENTS FOR OCTOBER 2021



The purpose of this section is to recognize any achievements of the APP workforce during the months of October 2021. Future newsletters will continue to highlight APP awards, research publications, book chapters, poster presentations, and leadership nominations in your professional associations or at UCI Health. We firmly believe in giving spotlight to our amazing and dedicated APP workforce.

#### Jeffrey Vu, DNP, MBA, RN, FNP-BC

Jeffrey Vu, DNP, MBA, RN, FNP-BC, Associate Program Director for the UCI Health Gender
Diversity Program, was selected for this year's 2021 ARIISE Award for Respect. The ARIISE
Awards are presented to six individuals and one team or department who best exemplify UCI
Health's core values.

#### Molly Nunez, MSN, APRN, ACNP

- Molly Nunez MSN, APRN, ACNP has accepted a new role as Director of Women's and Children's Services at UCI Health. She will transition from her current position at UCI Susan Samueli Integrative Health Institute to UCI Health on October 31, 2021. Molly started her career as an Acute Care Nurse Practitioner in Pediatric and Neonatal Critical Care and is looking forward returning to returning to Women's and Children's services and working with outstanding team of doctors and nurses at UCI Health. Molly will continue to serve the health enterprise as an internal consultant for Integrative Health and Integrative Nursing clinical and education initiatives.
- Nunez, M. Podium presentation: "Translating new knowledge into clinical nursing practices:
  Leveraging the Learning Management System to Promote adoption of Integrative Nursing
  Practices" at the Association for Leadership Science in Nursing 2021 Virtual Conference on
  October 16-18, 2021. <a href="https://www.nursingleadershipscience.org/schedule">https://www.nursingleadershipscience.org/schedule</a>

#### Vasco Deon Kidd, DHSc, MPH, MS, PA-C

Vasco Deon Kidd now serves on the advisory board for the Simon Scholar Physician
 Assistant Scholarship Program (SSPASP) at Chapman University in Orange County. The
 SSPASP is a full-tuition scholarship program for aspiring Physician Assistants who come from
 low-income, first-generation families. A \$9 million gift from the Simon Family Foundation
 funds the scholarship program.