Everything You Need to Know E-Cigarettes

WHAT IS AN E-CIGARETTE?
E-cigarettes and vape devices are handheld devices designed to deliver emissions for inhalation by heating a solution that commonly contains nicotine, a humectant, and flavoring chemicals.

WHAT'S IN AN E-CIGARETTE?
E-cigarette companies advertise e-cigarettes as only containing nicotine, flavoring chemicals, and humectants (propylene glycol and/or vegetable glycerin) although toxicants, ultrafine particles, and carcinogens have also been found and are known to cause negative health effects.

Smoking Statistics of U.S High School Students

27% of high school students using e-cigarettes

90% of nicotine dependence adult cigarette smokers began smoking before the age of 18 years

Health Risks in E-Cigarette Users vs Non-Users

- 57% Higher incidence of COPD in e-cigarette users
- 31% Higher incidence of respiratory disease in e-cigarette users
- 31% Higher incidence of asthma in e-cigarette users
- 33% Higher incidence of chronic bronchitis in e-cigarette users
- 69% Higher incidence of emphysema in e-cigarette users
- 55.8% Higher odds of myocardial infarction in e-cigarette users